



Panamerican Olympic Festival

And

Panamerican Canoe Sprint Championship 2014

(Qualifier to Panamerican Games 2015)



September 4th-7th, 2014

Pista Olímpica de Remo y Canotaje "Virgilio Uribe"

Cuemanco, México



Olympic Pan American Festival 2014

And

Pan American Canoe Sprint Championships 2014

(Qualifier for the 2015 Pan American Games, Toronto, Canada 2015)

This bulletin is specifically designed for members who are not considered to provide support PASO/ODEPA to the various Federations of America, we help you plan your visit to Mexico City during your participation in the 2014 Pan American Sprint Canoe Championships and the Olympic Pan American Festival of Sport 2014 which will take place at the "*Pista Olimpica Virgilio Uribe*" in Cuernavaca, Xochimilco.

We want our athletes, coaches, officials and guests to have the opportunity to enjoy our beautiful city, to fulfill this purpose, we offer the following pages, where you can find recommendations of where to go and what México has to offer, as well as the preliminary schedule of the competitions, the information when you arrive, the accreditation process and much more. We will do our best so that you can compete in the best possible conditions.

Welcome! We hope your stay in our country and city is a memorable one!

Best regards,



**Lic. Octavio Morales Vallarta
President of Mexican Canoe
Federation**



**Prof. Nichita Sergan
Technical Director of Mexican
Canoe Federation**

Mexico

The word "Mexico" is derived from the indigenous Nahuatl word "Mexitli" which means "navel of the Moon"; meztli (Moon), xictli (navel) and co (place).

Mexico is bordered on the north by the United States; on the south and west by the Pacific Ocean; on the southeast by Guatemala, Belize, and the Caribbean Sea; and on the east by the Gulf of Mexico. It is considered one of 12 mega diverse countries; home to 10-12% of the world's biodiversity with over 12 thousand endemic species that thrive in a great range of climates.

Today, Mexico is a rich mixture of three distinct cultural periods; Pre-Hispanic, Colonial and Modern, but it still maintains cultural diversity in her 52 indigenous pueblos.

According to the World Tourism Organization, Mexico is the main tourist destination in Latin America and the thirteenth most visited in the world. This is largely due to the 27 cultural and 5 natural sites that are considered to be "World Heritage" by UNESCO.

Mexico has more than 450 beaches, 1100 museums and 187 archaeological sites open to the public along with 84 "Pueblos Magicos" (Magical Villages Programme) scattered throughout the country.

For more information about México:

www.sectur.gob.mx

Mexico City

The Federal District is the capital of the country, located in the central region of Mexico, which captivates all its visitors with many touristic options. It is one of the largest cities in the world in which different cultures converge.

Cultural tradition and modern dynamics make this city a magical place because it has a seductive blend of tradition and modernity that attracts tourists from around the world. It is a great place to visit because of its great pre-Hispanic and colonial buildings, museums, galleries, parks, shops, restaurants, entertainment centers, among others. Mexico City offers a variety of activities for everyone.

¡Welcome to Mexico City!

In the following pages we provide you a selection of places you can visit during your stay in the city.

- **Zócalo**



It is considered the heart of México geographically and culturally.

Visit this website for more information: www.mexicocity.gob.mx/

- **Coyoacán**

Cobblestone streets, great mansions and colonial architecture, you may venture into this world of beautiful places, art galleries, restaurants and bohemian life enriched by cafes, bars, restaurants and bookstores.

- **Xochimilco**

Declared World Heritage, is one of the most visited tourist attractions of the capital. Here it can be seen by boat route, known as trajineras, the way it was the metropolis before the arrival of the Spaniards when it used to be a floating city.

- **Chapultepec**

Considered as the lung of Mexico City because of its surrounding forest and the beautiful lake, it is one of the main tourist and cultural centers of the city. It has a wide variety of museums, restaurants, and attractions.



- The great museums of the city

Museo Nacional de Arte



- This museum displays roughly 300 works of art from various parts of Mexico, the United States, and Spain.
- Open daily, from 10 to 17:30 hrs. Closed Monday
- \$37 general, Costs mxn
- Address: Tacuba No. 8, Centro Histórico

Museo Franz Mayer



- This museum features Mexican and European works of art.
- Open daily, from 10 to 17 hrs. Closed Monday
- Adults \$45, Students \$25, Costs mxn children free admission.
- Address: Hidalgo 45. Centro Histórico México D.F. 06300 Tel. 5518.2266 ext. 251, 254

Museo Nacional de Bellas Artes



- Artistic Monument in 1987 is the highest house of cultural expression and the fine arts of Mexico. It is also headquarters Palacio Museum of Fine Arts, the National Museum of Architecture. and stage of the Ballet Folkloric of Mexico of Amalia Hernandez.
- Museum: Open daily, from 10 to 17:30 hrs. Closed Monday Shows: Sundays 9:30 hrs and 20:30 hrs
- Address: Av. Juárez esq. eje Central colonia Centro Histórico

Museo Templo Mayor



- This on-site museum allows you to visit the ruins of the monumental Templo Mayor.
- Open daily, from 9 to 17 hrs. Closed Monday
- \$57 general, Costs mxn
- Address: Seminario No. 8en el Centro Histórico

Museo Dolores Olmedo

- This museum houses works by Diego Rivera, Frida Kahlo, and Angelina Beloff.
- Open daily, from 10 to 18 hrs. Closed Monday
- Adults \$10 , Children



\$1, Students \$5,
Costs mxn

- Address: Av. México No. 5843, La Noria, Xochimilco

Museo Soumaya



- Soumaya has a collection of over 66,000 pieces of art. The majority of the art consists of European works from the 15th to the 20th century. It also holds Mexican art, religious relics, and historical documents and coins. It also holds the largest collection of casts of sculptures by Auguste Rodin outside of France.
- Open daily, from 10:30 to 18:30 hrs.
- Free entrance
- Address: Miguel de Cervantes Saavedra 303, Granada, Miguel Hidalgo, 11529

Museo de Antropología e Historia



- This museum features archaeological and ethnographic exhibitions and art work from the 1960s.
- Open daily, from 9 to 19 hrs. Closed Monday
- \$57 general, Costs mxn
- Address: Paseo de la Reforma y Calz. Gandhi, col Chapultepec Polanco, Del. Miguel Hidalgo

To know more about the museums of the city visit this website:
www.museosdemexico.org

Pista Olímpica de Remo y Canotaje "Virgilio Uribe"

Located in the lakeside area of Xochimilco and parallel to the Cuemanco channel, measures 2200 m length. Built between January 1967 and July 1968 covers an area of 600 thousand m². The project was from the Secretaría de Obras Públicas (Ministry of Public Works) and the execution of the work was from the Federal District Department.

The Pista Olimpica de Remo y Canotaje measures 125m wide, 2m depth and is fully coated with 30 cm thick of waterproof clay. The banks are lined with gravel to avoid the impact of the waves. The training track runs parallel to the main channel with 1200m long and 30m wide and 2m deep. The major facilities that complete the set are: start and finish towers, adjustable pontoons, tapping time booths and the main building that house the sub-center press, reproduction and compilation offices, secretarial room for special guests and restaurant . At the north end are located the boat sheds, the piers, the dressing rooms, etc.

The Pista Olimpica de Remo y Canotaje, in Cuemanco, Xochimilco, was one of the new buildings that were constructed specially to receive athletes from around the world to compete in the Olympic Games in Mexico 68. The Pista Olimpica de Remo y Canotaje was named after "Virgilio Uribe", a cadet from the Heroica Escuela Naval who died heroically defending the port of Veracruz from the American intervention in the country in 1914.

The track is located south of Mexico City, in the delegation of Xochimilco. It has two channels: the main, used to practice rowing and canoeing, with lanes corresponding to each of these sports, and racing competition, the other is the secondary channel or back channel, which serves during the training or qualifying test days.

The main building house the Federación Mexicana de Remo (FMR) (Mexican Rowing Federation), the Federación Mexicana de Canotaje (FMC) (Mexican Canoe Federation) and the administrative offices. There is also a 4-level building used to house the judges and the press. There is also a section of permanent grandstands and around the canal can be located viewers who want to watch the races standing, and to the media who want to follow closely the competitions.



The competition track is 2200m long, 125m wide and about 2m deep. It has concrete marks on both sides, each 500m. Runs north to south in the same direction as the wind generally blows, and it has 6 lanes of 13.5m wide that are limited by yellow buoys. Side of the finish line there are the sheds that house the boats from the Rowing and Canoeing Club of Mexico City.



Track was assigned to be guarded by the Secretaría de Marina (The Mexican Secretariat of the Navy) until the mid 1980's, when it was handed to Promoción Deportiva del Distrito Federal (the Federal District Sports Promotion) and currently is managed by the Mexican government, through the delegation of Xochimilco.

¿How to get to the Pista Olimpica de Remo y Canotaje "Virgilio Uribe"?

Click on the link below and it will come up the Map to get to the Pista Olimpica de Remo y Canotaje "Virgilio Uribe" and the hotels.

Google Maps: <https://goo.gl/maps/iKZYh>

**Competition program for the Olympic Festival and the Pan American
Canoe Sprint Championship 2014**

Category	1000 mts.	500 mts.	200 mts.	5000 mts.
Junior Men	K-1, K-2 Y K-4 C-1 Y C-2		K-1 Y, K-2 C-1	
Sénior Men	K-1*, K-2* Y K-4* C-1* Y C-2*, C-4	K-1, K-2, C-1, C-2	K-1* Y K-2* C-1*, C-2	K-1, C-1
Junior Women		K-1*, K-2* Y K-4*, C-2	K-1 C-1,	
Sénior Women	K-1, K-2	K-1*, K-2* Y K-4* C-2	K-1*, K-2 C-1*,	K-1, C-1
Paracanoe			K-1, C-1	

Note: Events marked in red are non-Olympic events, but they compete in the Pan American Championships. The COPAC not compete in any relay or 5000 meters for Juniors.

NOTE: The asterisk* shows the qualifying events for the 2015 Pan American Games, Toronto, Canada.

Competition Program

September 3th	09:00 a 12:00 16:00 a 18:00	Boat control Boat control
September 3th	12:00 13:30 18:00	Staff Meeting Officials meeting Opening Ceremony
September 4 th- 7th Septiembre 7 th	Throughout the day 18:00	Competitions Closing Ceremony

Note: As part of the competition will be held four exhibits of the "Acalli Canoe" which is the traditional canoe of Xochimilco.

Registration

An application form is attached to this bulletin for the numerical and nominal registration of the contestants. Please complete the form and return to this e-mail address: mx_kayakfederacion@yahoo.com.mx

- **Preliminaries Entry:**
Before 1st May 2014
- **Preliminary Booking Hotel:**
Before 1st May 2014
- **Numerical Entries:**
Before 1st June 2014

- **Nominal entries:**
Before 1st July 2014

- **Final travel information:**
Before 1st August 2014

- **Final booking hotel:**
➤ **Before 1st August 2014**

- **Officials**
Before 1st August 2014

All these forms and additional information is available on our website
www.fmcanotaje.org

Phone numbers of Mexican Canoe Federation:
+52555555-4499
+52555641-1902
Fax +52555676-4013

Hotels

The accommodation rates for participants are as follows:

Hotel "Radisson"



Categoría 1: Hotel "Radisson" Gran Turismo

170 USD per person based on a quad occupancy. (4 people in a room)
175 USD per person based on a triple occupancy . (3 people in a room)
180 USD per person based on a double occupancy . (2 people in a room)
220 USD per person based on a single occupancy.(1 people in a room)

Hotel "Real del Sur"



Categoría 2: Hotel "Real del Sur" 5 ★★★★★

130 USD per person based on a quad occupancy..

135 USD per person based on a triple occupancy.

140 USD per person based on a double occupancy.

180 USD per person based on a single occupancy.

Villas Tlalpan Deportivas



Categoría 3: "Villas Tlalpan Deportivas 3 ★★★

120 USD per person based on a double occupancy..

Note: Coming soon will be operating a hotel located 300 meters from the Olympic rowing Channel "Virgilio Uribe". As soon as we have the information we will send the rates to you.

¿What do the accommodation rates include?

- Three meals a day.
- Transport from the airport (Aeropuerto Internacional de la Ciudad de México) to the hotel. (Arrival and departure)
- Transport from the Hotel to the Olympic Rowing Channel and vice versa, daily.
- Access to the competition site.
- Medical Assistance, ambulance and first aid at the competition site.
- The Access Pass for parking an accredited trailer and a car during the competition. The accreditation should be issued by the federation.

The Organizing Committee is not responsible for any extra hotel service like bar, telephone, internet, parking, non-accredited persons, etc.

Rental Boats

We have a limited number of boats so that if you need to rent a boat you need to pay before so you don't miss them.

During previous Camps the price of the rental boat is:

Canoe single(C-1) Kayak single (K-1)	20 USD boat per day
Canoe double (C-2) Kayak double (K-2)	30 USD boat per day
Canoe quadruple (C-4) Kayak quadruple (K-4)	40 USD boat per day

During the Pan American Sprint Canoe Championships and the Olympic Pan American Festival the prices of the rental boats are:

(During the 4 days of the event:

Canoe single (C-1) Kayak single (K-1)	200 USD boat per day
Canoe double (C-2) Kayak double (K-2)	300 USD boat per day
Canoa quadruple (C-4) Kayak quadruple (K-4)	400 USD boat per day

Payment terms

In order to assure that you enjoy all the services, such as food, lodging, transportation, rental boats,etc., it is required that you deposit promptly the fee to the account of the Federación Mexicana de Canotaje.

- 50% before June 30th/2014.
- 50% before July 31st/2014.

Beneficiario(Recipient): Federación Mexicana de Canotaje, A. C.
Banco (Bank): Scotiabank Inverlat, S.A.
Número de cuenta
(Account number): 00105129273 en Moneda Nacional. (Pesos Mexicanos)
Plaza: 001 México, Distrito Federal.
Sucursal(Office): 169 Calzada del Hueso.
CLABE:
(Clave Bancaria Estandarizada) 044180001051292739
SWIFT: MBCOMXMM

Cancellation terms

If you cancel your booking to this event, you should provide a written confirmation. There will be an extra charge, and it will be calculated according to the next terms:

- A 50% charge will be applied if you cancel from July 15th to July 31th, 2014.
- A 100% charge will be applied if you cancel from August 1st, 2014.
- There won't be an extra charge if you cancel before July 14th, 2014.

Payment

The Federation doesn't handle cash, so the payments should be made by bank transfer to the bank account of *Mexican Canoe Federation*

Boat Transportation

To know more about your temporary importation of your boat please contact the Federation: mx_kayakfederation@yahoo.com.mx

About the Visa:

All the participants must be immediately in contact with the Mexican Consulate in your country to get the information related to acquiring the Visa.

If you need a personal invitation letter please contact the Mexican Canoe Federation:

- e-mail: mx_kayakfederation@yahoo.com.mx
- Office Phone number: 5555-4499 / 5641-1902 / Fax 5676-4013

Highlights:

- It is important that participants have life insurance and major medical expenses, and the Organizing Committee will not cover such expenses, or hospitalization or surgery.
- Please consider cover the bank fee for money transfer.
- The reservation will be confirmed when we have your deposit in the account of the Organizing Committee. Please inform us of your payment and send your full details to issue the invoice after confirming your deposit to our bank account.
- The entrance to the hotel is from 15:00 hours and the output will be 12.00 with breakfast. (You can request a room in the hotel to store luggage)
- During the Pan American Championships and Olympic festival is absolutely necessary to stay in the hotels we mentioned above. Our Federation has had several agreements with the participating delegations to have these benefits and accessible rates.